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INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY

orientation guide



vol. 118

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Handling your roomie
Nervous about who you'll be living with next year? Here are some roommate tips

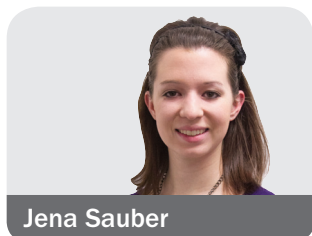
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Money madness
Worried about paying for school? Read about 4 ways to make sure you maintain your budget freshman year of college

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Manhappenin'
Manhattan may not be a huge college town, but there are plenty of fun things to do in The Hat

Packing for college simple but time-consuming



Jena Sauber

Packing all your belongings into a car and then cramming them into a 12-by-12-foot dorm room you share with another person can seem daunting. Throw in a futon, mini-fridge and television, and there may appear to be little room for clothes, books and other necessities.

Deciding what to take to college does not have to be a challenge. Here are some tips to ensure you arrive in Manhattan with the things you need and without the things you don't.

Talk to your roommate first

In small rooms, there is little use for two mini-fridges, two microwaves or two of almost anything. K-State Housing and Dining provides students with roommate names. Contact them via telephone or social media to figure out who is going to bring big things like refrigerators, microwaves, coffee pots, rugs and furniture.

Bathroom items

Most residence halls have communal bathrooms on each floor. This means walking in public to and from the bathroom to shower. A bathrobe or other cover-up can help keep you modest and worry-free while getting to and from the bathroom. Wear flip-flops in the bathrooms as well, including while in the shower. Although the bathrooms are cleaned often, it is better to be safe than sorry.

Bathroom totes are essential, also. Living on a floor with a community bathroom means trips to shower or wash up can require the transport of a lot of bottles, brushes and products. Plastic totes can help keep all these



Jessie Holloran | Collegian

Residence hall must-haves include a mini-fridge, microwave, school supplies and storage crates, as well as bathroom items like a flip-flops, bathrobe and a tote to carry bathroom supplies. K-State recommends that students contact their roommates to avoid duplicating appliances and furniture.

PACKING | pg. 11

How to get involved in K-State sports



Parker Robb | Collegian

A K-State rugby player is tackled to the ground by an opposing Iowa State player during the two teams' match April 6 at Old Stadium. Rugby is just one club sport that students, both men and women, can enjoy at K-State.

Mark Kern
sports editor

Many students get active in different sports during high school, some for fun and others for the competition. Going to college does not mean that students have to give up their athletic involvement, even if NCAA sports are not an option.

At K-State, there are many different intramural sports, including traditional sports like basketball, football, volleyball and softball. What makes intramurals so great, however, are the other, more unique sports such as Ultimate Frisbee, badminton and indoor

soccer.

Calvin Schneider, sophomore in finance, said that he participates in intramurals because it gives him to chance to play, in college, the sports that he loved growing up, as well as the sports he had never played before.

"Intramurals are a great way to stay competitive and play a multitude of sports, some that you might not have had a chance to play in high school," Schneider said.

If intramural sports are not serious or challenging enough, there are also opportunities available to participate in club sports.

Kelly McHugh, a member of

the K-State women's club soccer team and senior in mass communications, enjoys being able to play soccer at K-State while still focusing on her academics.

"I played Division II soccer my freshman year at Colorado Christian, but I transferred to focus on my academics," McHugh said. "When I transferred, I wanted to continue playing, and I wanted something more than intramurals. Being on the club team allows me to play at a highly competitive level. A lot of the girls on the team are like me, having a lot of experience play.

SPORTS | pg. 11

What to expect at your first K-State football game



Emily DeShazer

If you haven't grown up watching K-State sports, attending your first football game in the fall can be almost as confusing as it is exciting. As a freshman, I had never been to the stadium, seen Bill Snyder or watched Wildcat football, so I was very excited to go to the first game.

Yet, as excited as I was, things did not go exactly as planned. Having a successful game experience does not have to be difficult. All it takes is some planning and open-mindedness.

Lesson 1: Do not get in line more than two hours ahead of kickoff

Being an avid football fan, I decided to get to my first game three hours before kickoff, determined to get a good seat. I was first in line at the stadium ... and alone for almost the entire first hour. Most people don't even begin to line up until two hours before kickoff. Many students also believe that the first two games are really no big deal — just warm-up games for K-State that we are expected to win with ease.

Lesson 2: Be prepared to make friends with complete strangers

I enjoyed my first game, despite accidentally making it a six-hour event. If you have a strong interest in football like I do, it is easy to go and

EXPECT | pg. 11



Tommy Theis | Collegian

Fans enjoy fireworks after a football game last season on Sept. 1, 2012, when the Wildcats played Missouri State and won by a 51-9 margin.



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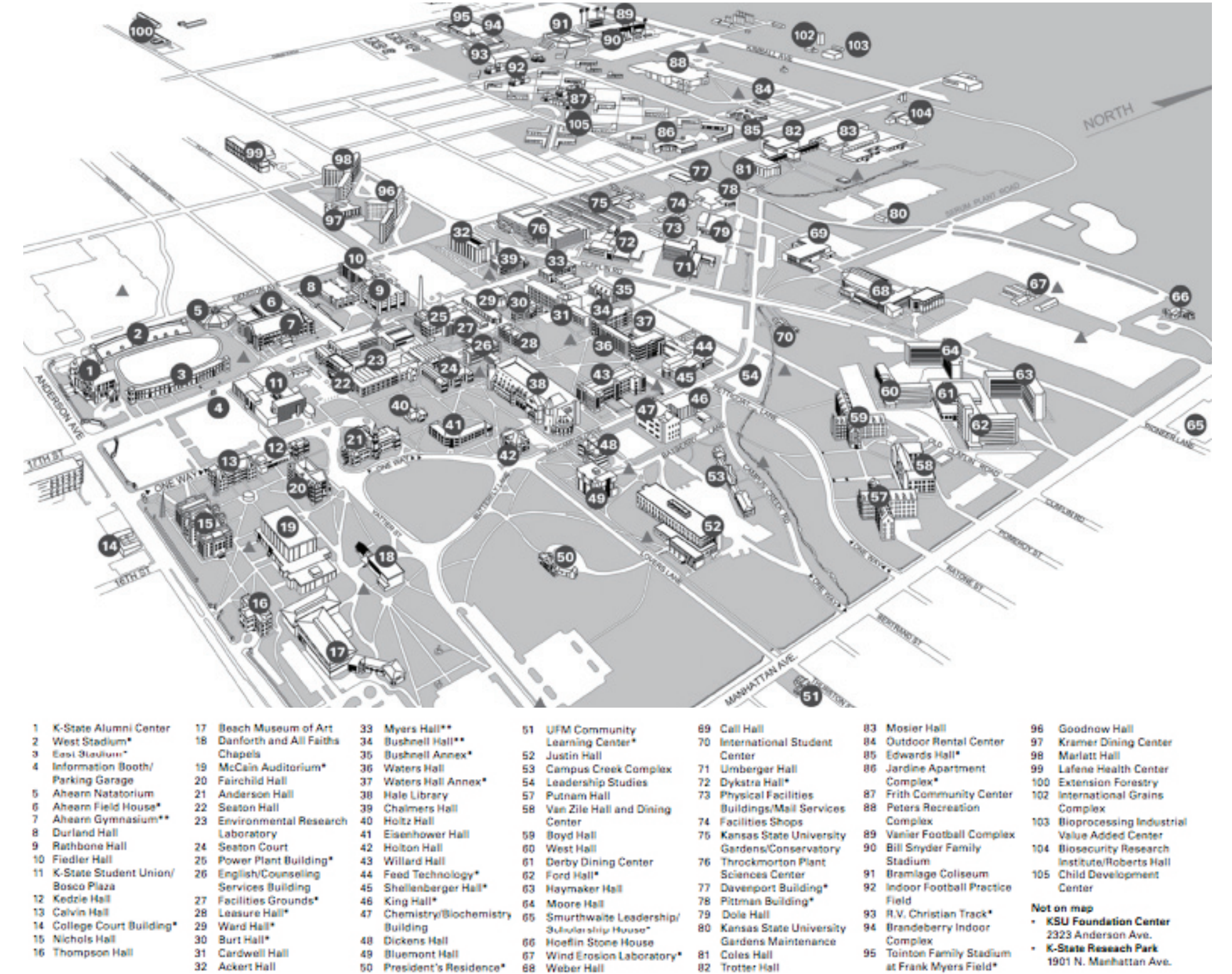
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“Anything Whiskey Cannot Cure, There Is No Cure For”

Several options available to prevent, resolve roommate conflicts

Jeana Lawrence
 staff writer

One major change that college presents is a change in one's living situation. Whether students join a greek house, live in residence halls or get an apartment off campus, most will be living with at least one roommate. Living with a stranger, your best friend or an acquaintance can be challenging, but it doesn't have to be impossible or stressful.

"Issues with roommates aren't as frequent as people think," said Nick Lander, assistant director for residential life. "These are just significant because you're sharing space with another person."

According to Lander, the key to finding a solution to any roommate problem is straightforward communication.

"The No. 1 thing that makes these problems difficult is that people will talk through other people instead of talking face-to-face," Lander said.

Sarah Gittemeier, freshman in engineering and resident of Boyd Hall, agrees. Gittemeier lives with two other girls and so far has faced very few problems.

"I think it's all about communication," Gittemeier said. "That and not letting the small stuff get to you."

Going "potluck," which means choosing the option to let the university pair up students based on a few key points, is neither the best nor the worst way to find a roommate. Landers said that the Department of Housing and Dining Services has received just as many complaints from students who went potluck as from students who picked their roommates personally



Rachel Robertson, freshman in animal science, and Charlotte Graham, freshman in mass communications, talk in their dorm room on Monday. "The No. 1 thing that makes these problems difficult is that people will talk through other people instead of talking face-to-face," said Nick Lander, assistant director for residential life.

Caitlyn Massy | Collegian

because they knew them from high school or were friends.

Gathering basic information, such as whether students tolerate smoking and when they like to be active, has proved to be a successful method of putting together students who do not come in with a preselected roommate.

"I think this is a pretty good system," Lander said. "It's more of a guide when matching students up. It also depends on what hall you're living in and what room type."

RESOLVE | pg. 12

Key terms for future dorm residents to know

Jena Sauber
 edge editor

K-State Housing and Dining employs many students and faculty members whose jobs are to make students happy, safe and comfortable. Getting to know who these people will help you make the most of the K-State residence hall experience.

Resident Assistants
 These are full-time students who live on each floor

in the residence halls. Their job is to help students with day-to-day activities, including problems and concerns. RAs help foster a community atmosphere on the floors and connect residents with needed resources. They also help communicate university policies and information to residents as well as handle any policy issues.

Community Assistants
 These students monitor the front desks at all halls 24

hours per day. They can provide information to residents and guests, answer questions, report needed repairs and check out hall equipment. CAs also help provide security to ensure only students and their guests gain access to the hall.

Cultural and Diversity Advocates
 The CDAs help educate students on cultural and diversity issues within the residence halls. They plan pro-

grams and serve as diversity advocates within the halls.

Academic Resource Assistants
 ARAs are student leaders who work at the front desks at the academic resource centers in the housing complexes. They can provide students with direction and resources.

Door Assistants
 These students staff the

TERMS | pg. 12

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K-State offers variety of free, inexpensive resources



Parker Robb | Collegian

Rachel Hinten, junior in architectural engineering, helps Max Burr, freshman in physics, with his chemistry homework on Monday during a Scholars Assisting Scholars tutoring session in the Engineering Complex. Several tutoring groups on campus offer assistance on coursework to students. More information on tutoring is available at k-state.edu/tutoring.

Jakki Thompson
staff writer

For students who are feeling under the weather, getting stressed out or struggling to do well in classes, K-State offers many services to assist students, many of them at free or significantly reduced prices.

Leasure Hall Tutoring Center
Leasure Hall's tutoring center is one of five total tutoring centers at K-State. Students can register for a tutor in Holton Hall 101 or in Leasure Hall 201. Different subjects have different hours for walk-in scheduling of tutoring, which can be found at k-state.edu/aac/tutoring/walkintutoring.html. "Leasure Hall Tutoring Center tutors in more than 100 courses offered at K-State," said Kimberly Dierks, coordinator for the Leasure Hall Tutoring Center. "We have tutors for most subjects requested. This is a free service for all K-State students. These are student-run sessions, and all tutors are students. They are students who have previously taken the course, received a high grade in it and felt comfortable being willing to tutor others in that course."

The Women's Center
The K-State Women's Center's

mission is to help create an equitable work and learning environment for all women and all people through advocacy, presentations, academic classes, training and referral. Social justice is the unifying mission for a variety of individual and community efforts. The center also responds to violence through crisis response and violence prevention programs. The Women's Center helped create the student organization Wildcats Against Rape, which brings awareness to campus sexual violence.

Powercat Financial Counseling
For free information and education about budgeting, credit use, saving, identity theft, debt management, student loan management and transitioning to work after college, students can consult Powercat Financial Counseling. PFC aims to improve the financial stability of K-State students through student-to-student peer financial counseling.

K-State Writing Center
"The K-State Writing Center is a resource for all current K-State students from all majors and all disciplines," said Kara Northway, Writing Center Development Coordinator. "We help students on any kind of writing, but we mostly see academic

writing. We have also helped work with students on personal and professional writing. We help all students, which includes students in the undergrad, students working on their master's degree or students in their doctoral programs." The Writing Center is located in English and Counseling Services Building room 122D. Most sessions are 30 minutes long. At the center, students who need writing assistance are paired with K-State writing tutors, who are also students. In the 30-minute sessions, tutor and writer focus on where the writer needs help and the two work together to improve the writing assignment. Starting this fall, students will be able to submit their work online and receive it back within a few days with corrections and suggestions. The Writing Center is free and all sessions are conducted on a one-on-one basis.

Peters Recreation Complex
The Rec is paid for with student privilege fees and is free to all K-State students. There are 14 handball/racquetball courts, three gyms with 10 basketball courts, a weight and fitness area, a cardio deck and circuit and stretching areas. There is also a newly installed rock climbing wall. Soon, the Rec will have tennis courts and outdoor basketball courts for

student use.

LGBT Resource Center
The K-State LGBT Resource Center is dedicated to helping students, staff and faculty, and members of the surrounding communities to be more secure, educated and productive in their personal and professional surroundings. The LGBT Resource Center offers information and resources regarding the lesbian, gay, bisexual and transgender communities. The information is free and the office is open to anyone.

Counseling Services
"The things we are most known for are personal therapy, couples sessions and career counseling," said Laurie Wesely, assistant director for clinical services at Counseling Services. "We also do biofeedback training which relates to stress management and reduction, performance enhancements and anxiety prevention." Counseling is free to student for the first four sessions. Sessions five through 10 cost \$15 and sessions above 10 are \$25. The amount of sessions students are allotted is refreshed every academic year. Counseling Services helps students on the spectrum of needs whether people are dealing with depression, anxiety, domestic violence, a lost life, past

issues or stress management. Counseling Services is willing to help all students with all issues.

Career and Employment Services
Career and Employment Services helps students prepare for life after college. CES helps students with mock interviews for potential jobs and is willing to look over resumes and curricula vitae. It also assists students in their search for jobs both during college and after graduation, whether that job is on campus or in the community. CES hosts many different career fairs with at least one that will be connected to one's major in some way.

Lafene Health Center
Lafene Health Center offers a spectrum of services for free or at significantly reduced prices to students. Lafene offers allergy and immunizations, health information management, health promotion, nutrition counseling, a pharmacy, physical therapy, radiology, a sports medicine clinic and a women's clinic. Students are able to make appointments and meet with doctors for free. If there is any lab work, X-rays or prescriptions that need to be filled, insurance may cover it or it will be a small out-of-pocket fee from the student.

Good news: College may not be exactly what you've been told



Darrington Clark

If your high school experience was anything like mine, everybody and their counselor told you countless myths about college life. By the time I got here, I had so many misconceptions about how class, work and life were going to be that I just wanted to hide under a rock. After almost two years here, I feel a lot better about how I plan my schedule, and my GPA is thanking me for these organizational skills. You can get a head start on that progress before you are almost a junior in college if you get rid of the lies your crazy

AP geography teacher told you and learn these truths about college, like...

Your professors will care about you
One thing my high school teachers loved to threaten us with was the apparent apathy of all college professors. I think the idea was to make us more self-sufficient, but looking back, that was a very ineffective method. "You need to turn in all your homework on time, because your teacher isn't going to babysit you. They don't care if you get an A or an F!" College certainly isn't the best time of your life to slack off, but as far as getting a caring professor, the odds are in your favor — especially here at K-State. It is kind of absurd to think that your professors will not care about your education. Honestly, professors do not

have to care about what work you do, but since they're here to teach you, they are going to make sure you learn. If you are consistently not turning in work or doing a poor job, expect a conference. I have yet to have a professor who really had no time for how I was doing, and many of them remain friendly and helpful even after the semester is over. So do not worry about cruel, heartless professors. If you are having trouble, talk to them. Ask for extensions, extra help, whatever you need. Professors are people, and people can be reasonable. Sure, you may have that one professor who is only teaching in order to do research at the university, or you might get a graduate student who is not quite sure of their teaching style yet, but every school has a few unpleasant faculty members. If you are looking

for professors who are here for their students, K-State was the right choice to make. That means, though, that you have to be there for your professors, so remember...

Attendance does matter
I'm not going to lie to you. Skipping classes is sort of common. It's kind of easy to do, and if you do it just once, you will be hooked. Something about college that people always say is that accountability rests on you, and that is true. The falseness comes in when people say that it's OK if you do not go to class. High school is not the last time you will

lose points for being absent. Not all college courses require attendance, but a surprising number do. The best ones are the classes that have pop quizzes and random bonus points just for being there. Professors are crafty and plan attendance points for days when they expect the fewest people. If it is a gorgeous Friday afternoon or an early Monday morning, go to school. More often than not, your professors will expect you not to, and they might reward your dedication. Also, it is important to attend class because it is class, and that should really be

enough reason. If that doesn't do it for you, at least dispel the notion that you do not have to go to class, even if attendance is not required. The more you miss, the harder it is for you to get a good grade. This reminds me of one of the most aggravating myths I have ever been told about college. Don't ever let someone tell you that your GPA is irrelevant, because the truth is...

Your grades are just as relevant as your experience
I was a perfectionist in high school, and so were my friends.

TOLD | pg. 11

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4 ways to remain financially stable in your first year of college



Marcella Brooks | Collegian

Managing your money effectively is key to keeping your independence while in college. Budgeting is one of the most important concepts a student can learn while living away from home for the first time. Students should balance their needs with their wants while looking for ways to bring in money, like getting a job on campus and applying for scholarships.



Andy Rao

Coming to college has its perks: more independence, more people to hang out with, more parties and more control of your own life. But, as the saying goes, "With great power comes great responsibility." As you will come to find, one of the most important responsibilities you will have as a college student is learning how to manage your money effectively. For some of you, your parents will still act as a safety net, helping you out when you "accidentally" go through your month's budget in a week. Others, however, are on their own.

In any case, learning how to budget, save and spend your money is a must for any college student. Budgeting is one of the most important skills you will learn when you start living away from home because all of a sudden, you have all kinds of things going on around you, but only a limited amount of money to spend. Here are four tips to managing your money as a freshman:

1. CONTROL YOUR COSTS: BUY WHAT YOU NEED AND ONLY SOMETIMES WHAT YOU WANT

College is going to be a great time in your life, and you should enjoy it as such. Soak in all the activities, social events and athletics. Do not, however, break

your bank in the process. It is your responsibility to make sure you have enough money for food, clothing, classes, books and any other necessities before you indulge in any other forms of entertainment. Be sure that you have your bases covered. That is not to say that you cannot enjoy your time here, but there will be times that you will have to control your spending impulses.

2. GET A JOB

There are numerous opportunities for student employment, both on and off campus, that could provide you with much-needed pocket money. The top 10 on-campus job providers offer a combined 2,200 jobs that give students flexible hours to accommodate school schedules. Most of the jobs pay minimum wage but offer both a

decent paycheck and university experience. Go out and find employment. Don't expect your parents or friends to pay for your college experience. Believe me, it is a rewarding feeling to bring home a paycheck and still get an education. K-State's Career and Employment Services, housed in Holtz Hall, can help connect students with on- and off-campus jobs. Visit k-state.edu/ces to learn more.

3. DO NOT PASS UP FREE MONEY FOR YOUR EDUCATION

If you can reduce your tuition, you take a huge burden off your shoulders. Although students' loan payments are usually deferred until graduation, you still have to dig your way out of

debt. There are millions of dollars offered every year in scholarship money that go unclaimed because no one applies for these "free money" awards. Sadly, people lose out. Whether you think your grades are not good enough, it seems like too much work or you just do not qualify, it is always worth it to give scholarships and grants a shot. Why not start now so that you don't have to slave away later? As it turns out, a couple hours of work now may save you thousands of dollars later, so do not count this option out.

4. MAKE FRIENDS WHO ARE UPPER-CLASSMEN

Learning from the defeats and triumphs of others can

be a very good strategy to succeed in life. This idea can also be applied to learning how to manage your money as a college student. Upperclassmen are students who have been there and done that, and those experiences are valuable knowledge to any college newbie. They can guide you to find the most cost-effective textbooks, the cheapest hang-outs and can even give you advice about what classes to take so that you get your money's worth out of your tuition. Most of the time, people are eager to share their experiences in order to help someone, so do not be shy to ask these seasoned veterans for money management tips. Andy Rao is a junior in accounting and finance. Please send comments to edge@kstatecollegian.com.

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6 opportunities to take advantage of before graduation



Parker Robb | Collegian
Ringing the Bluemont Bell, located in Holen Courtyard in front of Bluemont and Dickens Halls, is one opportunity K-State students should take before graduating — provided you can reach the clapper.



Although right now, students might feel like they will be at K-State forever, the four (or five or six) years you will spend in Manhattan will go by quickly. Freshman year jitters and excitement will transition into the comfortable rhythm of sophomore year, which will lead into a stressed-out and busy junior year, then gently glide into a senior year full of advanced classes and job interviews before you know it.

While here, you have a unique opportunity to take advantage of entertainment and learning experiences that only a university can provide. No matter your major or hometown, K-State's Manhattan campus offers many exciting opportunities to take advantage of while a Wildcat.

1. RING THE BLUEMONT BELL

This historic bell, located in the Holen Courtyard outside Bluemont Hall, was donated to K-State in 1861. The bell cost \$175 to construct and ship and was housed in Anderson Hall for 113 years before being moved to the courtyard. It might require a small human pyramid, but ringing the Bluemont Bell is a must for K-State students.

2. SEE A MOVIE IN THE UNION

College students are notoriously broke, and budgets for entertainment are not

typically large. Students can find inexpensive weekend entertainment at the K-State Student Union thanks to the Union Program Council. The council brings in fairly new and popular movies for discounted student prices. Most movie tickets range from \$1 to \$3 for students, depending on the movie and night.

3. VISIT THE HARRY POTTER ROOM IN HALE LIBRARY

Formally called the "Great Room," this large, historic room on the third floor of Hale Library has been nicknamed the "Harry Potter room" due to its vaulted ceiling and ornate wood detail. The room is a designated quiet space so students can study and work in peace. In your next four years, you will probably be spending a lot of time in the library, so it might as well be in an awesome room with a literary-inspired name that instantly makes you feel smarter and like you go to Harvard.

4. LIE OUTSIDE IN THE GRASS

The K-State campus is beautiful in all seasons, but especially in early fall and early spring. The temperatures are warm, and the multitude of trees on campus are decked out in their finest colors. When the summer temperatures fade into the crisp fall, take time to enjoy the weather on the grassy lawn of Anderson Hall or outside the residence halls. In the spring, students enjoy lying out for some much-needed sun and stringing up hammocks around campus. If you need to, bring your books outside and study in the sun. After graduation, most jobs do not allow you to

sit out in the sun all afternoon on a weekday. Take advantage of it.

5. SWIM AT THE NATATORIUM

The Natatorium, or "the Nat," features three indoor swimming pools and locker rooms. The pools are open to students for free seven days a week. Men and women's locker rooms with showers and secure storage are available for use. The pools range from 81 degrees to 84 degrees and the air temperature remains around 88 degrees, keeping it warm even in the winter.

6. GO TO A MCCAIN PERFORMANCE

The McCain Auditorium hosts many diverse performances and speakers throughout the year. Student tickets are typically discounted below that of regular tickets, allowing students to get engaged and see unusual and exciting performances on a budget. Past shows have included the musical version of "Rock of Ages," the Russian National Ballet Theatre's performance of Swan Lake, and a Dinosaur Petting Zoo presented by Erth-Virtual and Physical Inc. All performances are listed on the McCain website at k-state.edu/mccain/index.html.

Coming to college, it may seem like you have a long time and a lot to do. Remember that your time will mostly likely seem to fly by. Take advantage of what K-State has to offer, within your major, within your clubs, within your living group and within the campus.

Jena Sauber is a junior in journalism and mass communications. Please send comments to edge@kstatecollegian.com.

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Your essential Manhattan ‘to-do’ list: Aggieville, restaurants, parks



After living in Manhattan for about two years, I have identified a few experiences that I feel are essential for all people who will call Manhattan home for a while. From shops to restaurants to hiking, there is a wide variety of things people from all backgrounds can experience while in the “Little Apple.”

Even though many who come to Manhattan do so for the university, there are other hidden gems off of campus. Here are some of my personal favorites.

Aggieville

Across the street from the K-State campus, the small but thriving business district of Aggieville offers a wide, eclectic array of businesses, restaurants and stores. Some of Aggieville’s restaurant staples include Kite’s Bar and Grill, Pita Pit, Coco Bolo’s, Rock-A-Belly Deli and So Long Saloon. Each restaurant is unique in its own way, offering unique flavors and options.

For avid coffee drinkers, Aggieville is home to multiple coffee shops. There is the traditional Starbucks, but there are also Radina’s and Bluestem Bistro. All three have their own atmospheres and distinct styles. I highly recommend checking out each one.

Businesses in Aggieville vary widely in what they sell and who they are. Thread offers personalized T-shirts and clothing, often featuring witty quips about K-State, Manhattan and Aggieville. Acme Gift sells incredibly random, yet essential, gifts for those people you just don’t know how to buy for. On The Wild Side offers a relaxing atmosphere for those who like to smoke hookah or light incense. There are also shops like The Dusty Bookshelf, Envy Clothing Store, Rockstar and Rogers, Big Poppi Bicycle Shop and Sisters of Sound Music. There are plenty of stores in Aggieville that can appeal to anyone.

Manhattan Hill

This landmark, which displays “Manhattan” in enormous white letters, is one of the most obvious hidden gems in Manhattan.

The most beautiful thing about this hill is that people can drive up to a parking lot and walk to the actual Manhattan Hill letters. You can sit on the letters and see into

the horizon over the Manhattan skyline. Going to the top of this hill at sunrise or sunset is one of the most serene activities people can do in Manhattan.

Food

If you’re a foodie, like me, then Manhattan is the place for you. There are quite a few places in Manhattan, outside of Aggieville, that are worth checking out. A couple really great Mexican restaurants are La Fiesta and El Tapatio. Both offer incredible food with great prices — oh, and did I mention rockin’ drink specials? Yeah, they both rock.

If you are interested in more upscale dining, I would recommend places like Della Voce and Harry’s. Both are located on Poyntz Avenue. Della Voce is an upscale Italian restaurant with reasonable prices for the greatness that comes on the plate. Harry’s is an upscale steakhouse that offers many dishes to appease everyone’s taste buds.

Some people’s favorite meal is breakfast, and Manhattan does not disappoint. There are two really great options. First and foremost is the breakfast nook known to the community as The Chef. Although the wait to get seated there can be ridiculous, once you get some food, the wait will be well worth it.

Another breakfast option that is melt-in-your-mouth delicious is Early Edition. With locations all over Manhattan, this mom-and-pop atmosphere restaurant will warm your soul when dining there.

City Park and Triangle Park

One of the most beautiful parts about Manhattan is all of the public parks. Enjoy it. As someone who comes from urban areas, I love the amount of green space in Manhattan. Both Triangle Park and City Park are within walking distance of campus. Triangle Park is at the corner of Anderson Avenue and Manhattan Avenue. City Park is a couple blocks down, just through Aggieville. It offers fountains, a jungle gym, a flower garden and water amusement park. This park is beautiful through all of the seasons and offers scenery for people who enjoy nature within suburban areas.

As incoming students, most of you will deem Manhattan your “second home” for at least the next four years. Get out and explore what this town has to offer, and enjoy it.

Jakki Thompson is a sophomore in journalism and mass communications and American ethnic studies. Please send comments to edge@kstatecollegian.com.



One of Manhattan’s newest major attractions is the Flint Hills Discovery Center, located at 315 S 3rd St., which opened on April 14, 2012. Inside the Discovery Center, visitors can tour many exhibits about the Flint Hills and the surrounding area.

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Keeping up with K-State traditions: mascots, marching band & music



K-State students who painted their chests to spell out “DOOM” throw scraps of newspaper into the air prior to the announcement of the men’s basketball team’s starting lineup during the Wildcats’ game against West Virginia on Feb. 18 in Bramlage Coliseum. This and other game-time rituals like the Wabash Cannonball are K-State traditions that have been handed down to students for decades.



Lindsey Staab

A well-rounded college experience is not complete without memories of school traditions that linger years after graduation. K-State just celebrated its 150th birthday, meaning the university has had a century and a half to develop traditions — many of which are still in existence today. These range from historical and interesting to fun and quirky.

One tradition that most K-State students and fans are aware of but might not know much about is the university’s mascot. Before there was the Willie the Wildcat that we know today, K-State’s mascot

was a live bobcat named Touchdown. Touchdown became the mascot in 1922, and his tradition continues. Touchdown’s descendants no longer attend the games, but his relatives do enjoy life in Manhattan’s Sunset Zoo.

Today, the students that become Willie the Wildcat are selected yearly by an appointed panel. The identities of the students selected as Willie are traditionally kept secret.

Another tradition that has its roots in Wildcat history and still thrives today is the K-State marching band, or the “Pride of Wildcat Land.” The band originated in 1887 and has undergone a tremendous amount of change over the years. Founded by professor Alexander Brown at what was then called the Kansas State Agricultural College, the original band consisted of only 15 student musicians. The group did not make its first appearance with an athletic team until about 20 years later

in 1899.

The K-State Alma Mater song is another tradition with which most K-State students and fans are familiar, even if they do not know the words. What students may not know is that the song was selected as part of a campus-wide competition in 1888, just a year after the Kansas State Agricultural College band was formed. Composed by H.W. Jones, the song was later changed by replacing the letters KSAC with KSU to accommodate the school’s name change.

In 1931, the music department received the piano arrangement for the “Kansas Wildcat March,” which is now a central element of the pre-

game show at every football game and a typical piece played during parades.

Donald Linn, K-State’s current assistant director of bands, acknowledged the integral part the band has played in the university’s history over the years.

“The marching band sets the tone on game day as far as tradition and spirit. The crowd, especially the student section, looks to the band for cheers, energy and excitement. We are the keepers of tradition like Wabash, Wildcat Victory, Alma Mater, Happy Trails and Purple Haze,” Linn said.

Not all traditions are created intentionally, as was the case with the Wabash Cannonball,

a popular tune played at many K-State athletic events. According to the K-State University archives, the Wabash made its first appearance on Dec. 16, 1968, at a home basketball game. Due to a fire that burned down Nichols Hall, the “Wabash Cannonball” was the only piece of music remaining in the K-State music department. It was spared because then-director Phil Hewett had taken it home that night. For the upcoming game, it was the only piece of music the band had to play.

There is no set record stating what the Wabash Cannonball is. One theory suggests that the song was based on a tall tale about Cal S. Bunyan,

Paul Bunyan’s younger brother. The Wabash Cannonball is described as being a fast, 700-car train that ran on a railroad created by the youngest Bunyan brother. Today, most K-Staters focus less on its origins and more on their Wabash dance moves, moving back and forth in rhythm at the first hint of the song.

Although some of K-State’s traditions are a little unconventional, they all hold a special place in K-State’s rich, diverse history as well as in the hearts of K-State students and fans.

Lindsey Staab is a junior in journalism and mass communications. Please send comments to edge@kstatecollegian.com.

Gone Fishing

Students present research at annual event

Lauren Garrison | COLLEGE

The third annual Midwest Fisheries Student Colloquium was held Friday and Saturday at the Kanza Prairie Biological Station. The colloquium is hosted annually by the K-State Student Society of the American Fisheries Society.

The American Fisheries Society is a national group, and K-State has its own student made up of graduate and undergraduate students. According to the society’s Web site, its mission is to “improve the conservation and sustainability of fishery resources and aquatic ecosystems.”

The society accomplishes this goal by promoting events for students across the U.S. who are interested in or are studying fish or aquatic science.

The colloquium is meant to attract students attending universities around the Midwest who are studying fish or aquatic ecosystems.

Joe Gerken, president of the K-State group and graduate student in biology, said the purpose of the colloquium is to further the professional development of students studying fisheries at K-State and other Midwestern universities.

There were 45 students who attended from Iowa, South Dakota, Nebraska, Colorado, Missouri, Oklahoma and Kansas.

“Friday night consisted of a meal, social and poster session,” said Andrea Severson, secretary and treasurer of the K-State group and graduate student in fisheries.

Gerken said the purpose of the social was to engage the students in an informal environment to build professional relationships with one another.

See FISR, Page 7

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What to wear: Freshmen should pack clothing, shoes for any weather



There are many aspects of college that incoming freshmen expect to be different from high school — things like classes, living situations and friends. What many students may not anticipate is the dilemma of deciding what clothing to bring from home. Packing for college is made more difficult by two significant challenges: many

freshmen will have limited closet space, and students need to make sure they will have clothing for all occasions and temperatures. The first factor that influences clothing choices for incoming freshmen is the weather. Kansas weather can be called variable at best, and the first mistake a new student can make is to let a random September snowfall or 110-degree temperatures in October catch them unaware and unprepared. Sara Alves, junior in animal science, said that an important item for freshmen to bring is “definitely winter clothes,” because Kansas weather is notorious for its swift and drastic changes.

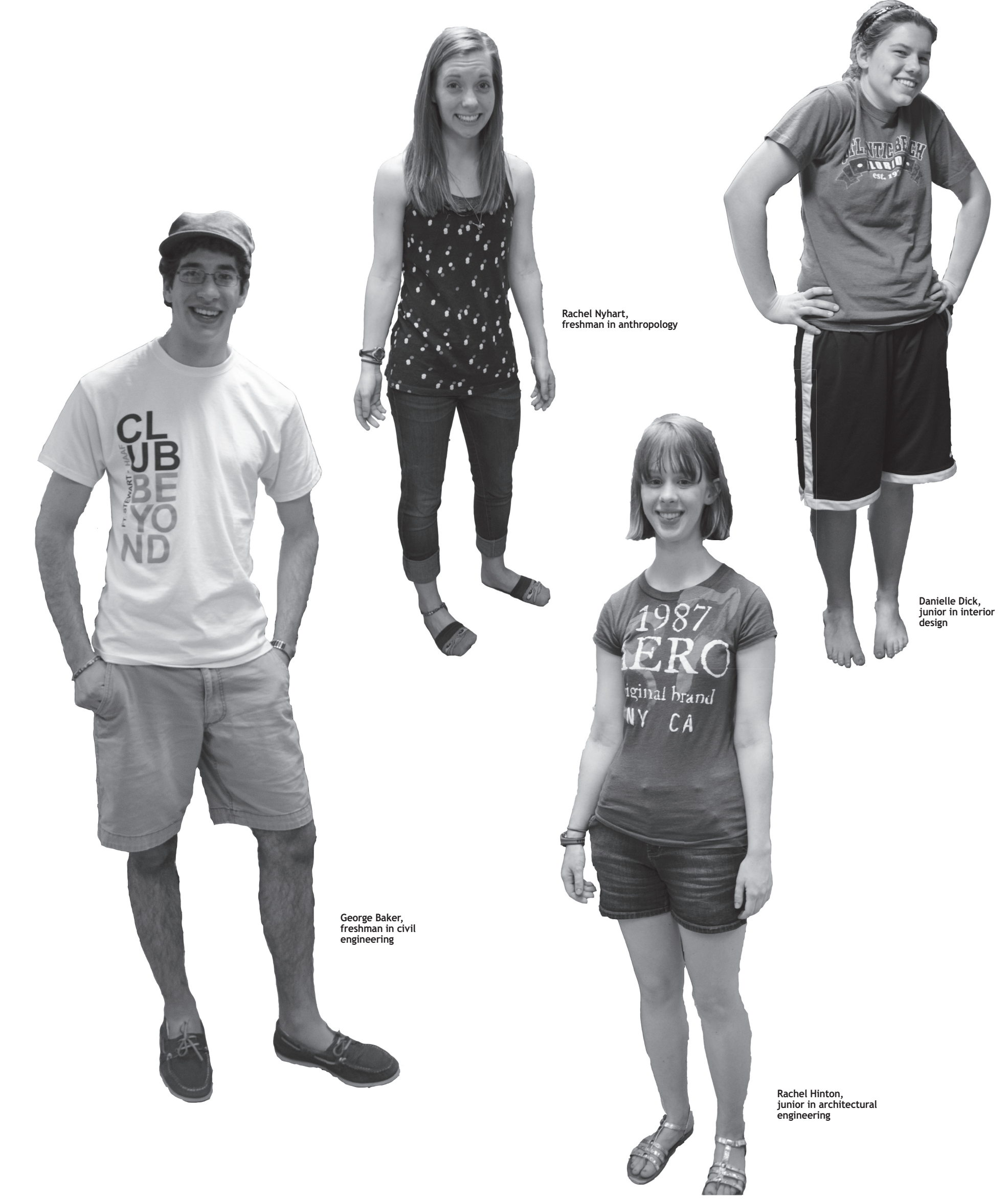
Many resources on packing for college suggest that students should pack seasonally, meaning that when students move to Manhattan in August, they should mostly bring clothes suitable for summer and fall temperatures. However, it is important to be prepared for any sort of inclement weather. While a full winter wardrobe is not necessary in August, a jacket, a few long-sleeved shirts and a few pairs of jeans are necessary. There is also always a chance that a random rain-storm will hit campus between classes and catch students unaware. Waterproof footwear, a rain jacket and warm clothing are must-haves for comfort at school.

“I’m going to invest in some waterproof shoes this year,” said Sarah Sage, junior in anthropology. A majority of students walk from class to class, and many students walk to campus from their nearby homes or residence halls. All of this walking requires a comfortable pair of shoes. Leave the high heels for special occasions and stick to tennis shoes or comfortable sandals for daily wear. It is also important to have comfortable and casual clothes for college. Dressing up can be fun to do sometimes, but it is not ideal every day. Early classes and lots of walking can make dressing up difficult — especially on very hot, windy or cold days. Many college

students rely on jeans as a daily staple. Alves said that her go-to clothing item is a good pair of jeans because they are “practical and get everything done.” Casual, daily clothing can also provide a way for students to express their K-State spirit. “K-State T-shirts are a go-to,” said Maddie Caywood, sophomore in chemistry and biochemistry. “Purple is always the must-have at all times.” While casual clothing is an everyday must, it is important to remember to bring some nicer clothes to college as well. A few versatile options for parties with friends, church or formal university events can help prevent emergency shopping trips or searching

for a dress or pair of slacks to borrow. It is also good to have some business casual or business professional style clothing at college. There are many award ceremonies and career fairs on campus that require students to dress in professional clothing, and being prepared for these events can eliminate stress. Start your college preparation by filling your closet with purple, something fancy, something professional and something warm to have K-State approved style in no time.

Kate Haddock is a junior in English. Please send comments to edge@kstatecollegian.com.



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Greek life presents opportunities for friendship, philanthropy work



Members of K-State's fraternities and sororities pose for a photo during Greek Week, celebrating 100 years of fraternities and sororities at K-State. About 20 percent of K-Staters are involved in greek life.

Zaldy Doyungan
staff writer

K-State boasts more than 475 student organizations for freshmen to consider joining when they first get on campus. One aspect of campus life that many students choose to join is the greek community. According to the K-State website, 20 percent of K-State students are members of a sorority or fraternity.

"Being greek is about being a part of something bigger than yourself and being surrounded by people with the same motives and beliefs that you have,"

said Kelly McElhiney, member of the Kappa Delta sorority and sophomore in kinesiology. "It's one of the greatest support systems around, especially at K-State, and having that in college is something that everyone needs."

There are currently more than two dozen fraternities and a dozen sororities with diverse members and interests, including chapters for multicultural students and gay or lesbian students. To join a greek house, students go through a process known as "rush." Rush is a series of events that allows prospec-

tive members and current greek members to get to know each other.

For sororities, rush typically occurs the week before the fall semester starts. Potential new members tour each house and meet the members of the sorority to help narrow down the incoming members' house selections. Once new students are matched with their prospective houses, they get a bid to join the sorority.

Fraternity rush is a less formal process. Prospective members contact the fraternity recruitment chairs, attend rush

events and meet some of the members. If the recruitment chairs believe the interested student will be an asset to the fraternity, they grant the student a bid to join.

Greek life is more than a social community. Fraternities and sororities celebrate school spirit and greek life with weeklong competitions such as All-University Homecoming and Greek Week. These events include parades, competitions and games.

Fraternities and sororities all support different philanthropy organizations, and members

often volunteer in the Manhattan community. Being a member of a greek house can also help students connect and network with other members and alumni.

"Students should go greek because of the immediate support system that you gain," said Will Schneider, member of Theta Xi fraternity and freshman in business. "You're constantly encouraged to get involved, do well in school and have fun."

The contacts and opportunities that the greek system provides can help students get off

on the right foot while at K-State and after graduation, said Haley Hermes, junior in family studies and human services.

"The greek system connects you to an organization that provides you with positive ideals and aspirations," Hermes said. "These values, combined with the connections and friendships that you make, can help you grow into a more well-rounded and experienced individual."

For more information on the greek system at K-State, visit k-state.edu/greek.

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TOLD | Attitude is everything

Continued from page 4

I was a valedictorian, and two of my best friends received the highest GPAs in the school. You can imagine our surprise when we came here and were told that your grades do not matter at all. What we were told was, "All your employers are going to look at is what you've done, not what grade you got."

Excuse me?

Since I haven't thrown myself out into the job market yet, I cannot tell you exactly how valid that claim is. I can share my personal philosophy with you, though: Would you like to visit the dentist that got all A's during his or her schooling or the dentist that got all C's? I would prefer to tell my customers, or clients, or boss that I was dedicated and studious enough to kick college's butt, instead of being remotely average at anything.

That's an intrinsic motivation, though. A more practical reason to keep your grades up is because the higher your grades are, the more people notice you.

People recommend you for certain positions and duties when they know you will do a good job, and that leads to career opportunities, especially when you are studying a major in which promotion heavily lies on who you know, like architecture, advertising or journalism. We have not addressed the main thing that you need to be clear on when it comes to college life: it is yours. No matter what choices you make, always keep in mind...

College can only be hell if you make it that way

There are people who will tell you that college will be the best years of your life, and others will say that it was nothing but cruel tests and tricks that got in the way of being in the real world. Coming into this beast with either of those mentalities can be dangerous. Remember that you control exactly how easy college is going to be, not only with class preparation, but also with your attitude.

Do not get caught up in the silly myths that pervade the high school hallways, and hold on to the things that will help you: getting involved is a good idea. There are best friends in these buildings waiting to meet you, and this time of your life will help you figure out who you really are.

If you want to do nothing, college will suck. If you want to do too much, college will hurt. If you be yourself, any multitude of positive things can and will happen to you. Just keep in mind what is true and what is false.

Oh, and the food is not as good as you've been told. Sorry.

Darrington Clark is a sophomore in journalism and mass communications. Please send comments to edge@kstatecollegian.com.

STAY UP-TO-DATE

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PACKING | ‘Open now’ box, assistants make move-in day easier



Jessie Holloran | Collegian

Incoming freshmen who are preparing to living in the residence halls for the first time need to remember a few essential items, such as detergent and fabric softener. Although it might seem simpler just to let your parents do your laundry when you visit home, detergent can come in handy when you just have to wear a certain outfit.

Continued from page 1

things together and make them easy to carry. Pick one with holes in the bottom to allow for water drainage.

School supplies

It may seem like an obvious one, but in the excitement and rush of getting everything to campus and into your new room, school supplies might end up last on the list. School supplies for college are like those for high school — paper, pencils, pens, notebooks, binders and other basic supplies. Many professors allow students to use laptops to take notes during class. A sturdy laptop sleeve can help protect your computer during travel.

All-weather wear

A big part of college is walking or riding a bike to classes, rain or shine. Bring a good pair of rain boots or other water-proof shoes and an umbrella. The smaller the umbrella

folds up, the better it can be stored and packed. Bring a light jacket and sweatshirt, even in blazing August. At night, it can get chilly, even in late summer.

Pack an “open now” box

When you get to your new home-away-from-home, you'll need a few things first to help you get started. Pack a small box or bag with these things and place it in your car last so you can access it first when you start unpacking. Include items like extension cords, power strips, masking tape, removable plastic hooks, rags for basic cleaning, scissors, pens, a pad of paper and your identification card. Having these things handy when you begin can help prevent road blocks or extra work while unpacking.

Send the brigade out for lunch

From experience, the more is not always the merrier on move-in day. While the help of parents, brothers, sisters and friends can be nice when

making multiple trips from the car to the new room, all those people can get in the way when it comes to unpacking a dorm. Thank them and suggest they go out for lunch or go shopping while you work. Ask one or two people to stay and help unpack things, make the bed and start getting everything in order. Too many extra people standing around can lead to more hands than necessary and just adds extra stress and work.

Check with Housing and Dining Services

The K-State Department of Housing and Dining Services has particular rules that help ensure the safety and happiness of all students. These rules include no candles, open flames or heating elements, no firearms or weapons, no illegal drugs, no gambling and no alcohol for students under the legal drinking age of 21. Students 21 and over can have alcohol, although certain regulations apply. All furniture must stay in individual rooms.

Only the use of non-marring adhesive is allowed to secure things to the walls. Small pushpins are acceptable for use on drywall. Materials that cause damage to the walls are not allowed.

All residence halls are pet-friendly, but only to an extent. While not all animals are allowed, many are, including most amphibians, small birds, hamsters, gerbils, rodents, sugar gliders, snakes and fish. For a complete list of allowed animals, visit the K-State Housing and Dining website at housing.k-state.edu and consult the Residence Halls Handbook.

Packing for college does not have to be overly challenging or stressful. By planning what needs to be packed ahead of time, packing smartly and staying calm and relaxed on move-in day, freshmen can make their new home away from home perfect.

Jena Sauber is a junior in mass communications. Please send comments to edge@kstatecollegian.com.

SPORTS | Clubs offer chance to try different sports

Continued from page 1

This was a great opportunity for me to play the sport that I love."

Intramural and club sports provide students not only with the opportunity to play sports, but also with the opportunity to make money as referees.

Nathan Morse, senior in mathematics, said he enjoys refereeing, especially because the hours are flexible.

"It's a great way to meet people. Working as an official is a flexible job," Morse said. "You can work as much as you want, as little as you want. It's a great way to keep your head in the game, especially if you played in high school. Finally, it definitely gives you a different perspective from an official's point of view, rather than being a fan."

To see a list of all of the club sports offered at K-State, visit k-state.edu/directories/orgs-sc.html. For a list of all intramural sports offered, got to recservices.k-state.edu/intramurals/activitiesandevents.html.

EXPECT | Be sure to know chants, cheers

Continued from page 1

enjoy yourself. The game leaves little time for socializing if you pay attention, and no one cares if you are a stranger when celebrating a touchdown or a good play. You are all K-State fans. In fact, when K-State beat Texas A&M in the quadruple overtime game in 2012, the guy next to me was so excited that he picked me up and swung me around. I was quite shocked because I had never met him before, but it was great to win, and his friendliness made the moment that much more exciting.

Lesson 3: Come prepared

To feel comfortable in the student section, it is a good idea to familiarize yourself with the Wabash Cannonball and K-State fight song, as well as other chants and traditions at the football pep rally.

I had never seen or heard of the Wabash Cannonball before my first game. I remember standing next to a lady I had never met when the band started the song

for the first time. She faced me, clapping, so I switched directions, thinking I was wrong. I kept switching back and forth, thinking I had it wrong. It was confusing. Eventually, during that game, I figured it out and learned how to do the Wabash Cannonball correctly. Before the first game of the season, YouTube it, ask an upperclassman or figure it out on your own so you do not get lost in the crowd and can make the most out of the fan experience.

The same goes for chants and cheers. When the entire student section is doing a chant, it can be hard to understand from the crowd. Hand motions are also hard to learn when jam-packed into the bleachers. There is a learning curve, but by paying attention and coming prepared when possible, the experience can be great.

Lesson 4: Know the rules

To ensure things go smoothly, it is always a good idea to check the rules before attending a game. Football fans can bring in one

unopened bottle of water, but bringing in any kind of food is strictly prohibited. Fans should also be aware that umbrellas are prohibited within the stadium, even in heavy rain. For a complete list of game-day policies, visit kstatesports.com/tickets/gameday-policies.html.

If you are not a football fan, I'd still suggest going to at least one game. The fan experience is a major part of K-State culture. K-State treats their students with seats on the 50-yard line in football and mid-court in basketball. Take advantage of these fantastic seats, which will be expensive as an alumni. Also, don't limit yourself to football and basketball. Show your Wildcat spirit at volleyball, women's basketball and baseball games, and check out the equestrian and rowing teams. Get involved and show your K-State spirit!

Emily Deshazer is a junior in mass communications. Please send comments to edge@kstatecollegian.com.

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RESOLVE | RAs, roommate-matching methods, living options prevent issues



Continued from page 3

Once students have moved into their residence halls, they are encouraged to complete a roommate agreement. A roommate agreement is a physical contract between roommates agreeing to set rules and to talk about any future issues and what to expect if a problematic situation should arise.

If the roommate contract is not sufficient to resolve these difficulties, resident assistants are trained to help. In the two weeks before fall classes begin, the RAs meet and talk about various scenarios that might occur between roommates, according to Felicia Walker, RA in Boyd Hall and sophomore in animal sciences.

"It's hard work because every situation is different," Walker said. "Even if it's the same situation, different people will react differently.

RAs try to get people to work past their differences and see different aspects of other people."

If a resident cannot work out problems with a roommate, there are other options available. Within Housing and Dining Services, there are graduate students that residents can talk to about their problems.

As a final resort, students can apply to move to another room. For students who want to change rooms, Housing and Dining Services offers a roommate-matching website to help students find each other. The site, called Lifetopia, works much like the dating website Match.com. It is a free service for students.

Students can also chose to live in single-person rooms, which are located in all residence halls. This was the best option for Kat Deckert, resident of Putnam Hall and sophomore in psychology

and biology.

"I like having my own space, and sometimes I need my alone time," Deckert said. "Plus, I get to socialize in the common areas, like the lobbies."

Some students also opt to move into an apartment. Christian Heitschmidt, sophomore in agricultural economics, lived in Haymaker Hall last year but decided to move into an apartment afterward.

"I just liked having my own space and not having people around when I'm doing homework," Heitschmidt said. "My roommates now are more laid back and we come and go. I think that helps more than anything because if they don't want to hang out, then you can just leave and do something else."

For more information on K-State Housing and Dining, visit housing.k-state.edu.

Caitlyn Massy | Collegian

Merabeth Corbett, sophomore in hotel and restaurant management, hangs out with Tara Glidden, junior in agricultural education, in their room on Monday. Many students choose their roommate via the "potluck" option, which allows K-State to match up roommate with similar needs and preferences, but K-State also provides a match service via a website called Lifetopia.

TERMS | Dorms have support of staff

Continued from page 3

main entrances of residence halls during limited access hours, such as at night. They help check student identification cards, register guests and make sure the residence hall remains safe.

Residence Life Coordinators
These are full-time staff members who live in each

hall. They are responsible for all activities and services in the hall or complex and help residents with academic, personal or housing needs.

Assistant Residence Life Coordinators
The ARLCs are full-time graduate students who live in the residence halls and help with community develop-

ment and developing student leaders. They also serve as staff supervisors.

Custodial Staff
Custodial staff are responsible for keeping the common areas such as bathrooms, hallways and lounges clean. However, students are responsible for keeping their own rooms and suite-style bathrooms clean.

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Getting involved in student organizations crucial to college experience



Russell Edem | Collegian

Tyrone Williams II, senior in dance, economics and business management, speaks with a Black Student Union representative at an informational booth set up in the K-State Student Union on April 29. Williams, who has been active in BSU and the Theta Beta chapter of Iota Phi Theta fraternity and has also served on several committees and advisory boards, has taken advantage of many opportunities. to get involved at K-State. “I definitely recommend people get involved in something that’s outside of your comfort zones,” Williams said.

Jakki Thompson
staff writer

At K-State, there are a lot of opportunities outside of the classroom that can enhance students’ college experience. Whether through the college or department you are enrolled in, a hobby or interest group, the greek community or residence life, there is something at K-State for everyone.

“Join something you know, and join something you don’t know,” said Simone Dorsey, senior in family studies and human services. “Join one thing with a friend, and join something else completely alone. By doing this, it allows you to do something that you’re comfortable with doing with someone you know while also allowing yourself to get out of your comfort box/zone, find out new things about yourself and meet new people on your own.”

Dorsey has been involved in multiple student activities in her

time at K-State. She’s has been the president and vice president of LGBT & Allies and the vice president and new member educator of the Delta chapter of Gamma Rho Lambda, in addition to serving as the regional communications coordinator of recruitment and retention for the Southwestern Association of Gay-Straight Alliances. She was also a learning assistant for the K-State First course “Gender, Race and Class in American Culture.”

Dorsey recommends that students not be fearful of joining organizations or getting involved at K-State. She said that usually the thing you are most afraid of doesn’t exist or will never happen because “fear is your own imagination running wild.”

Getting involved in extra-curricular activities can also enhance the educational experience.

“Getting involved teaches you balance,” said Zuleica Ge-

rardo, junior in park and conservation management. “You can have a social life and sleep and be a great student. You just have to plug into the right resources on campus: the faculty, staff and the student leaders. If you don’t get invested on campus and in your own college experience, you’ll drop out. You pay for this experience, so have a great one.”

Gerardo has also been actively involved in campus organizations since coming to K-State. She has been the president, secretary and treasurer of the Nu Beta chapter of Sigma Gamma Rho and is currently the 2013-14 Student Governing Association’s multicultural affairs director. She has also been a National Pan-Hellenic Council delegate, the workshops chair for the Big 12 Conference on Black Student Government, planning chair for LULAC and a general body member in LULAC, the Black Student Union and HALO.

With more than 400 regis-

tered student organizations at K-State, there is something for everyone. Every residence hall on campus has a governing board that provides students with the opportunity to become a leader on a floor or in residence halls or complex. There are also many greek chapters at K-State that offer a wide variety of extra curricular activity options for students.

There are also specialized student organizations for those who want to join organizations specific to their majors. K-State offers student organizations such as U.S. Green Building Council, Student Dietetic Association, the Dairy Science Club, Criminology Club and many other organizations.

Students can also become an ambassador for their major, department or college. As ambassadors, students get to represent their respective programs at various events, speak to perspective parents and students and host other activities

and events.

Some student organizations at K-State are specific to students’ hobbies, including clubs like club soccer, the Paintball Club, On The Spot Improv, the Cycling Club and many others. K-State also offers many religious and political student organizations. The Office of Student Activities and Services’ website offers a complete list of all registered student organizations.

“I definitely recommend people get involved in something that’s outside of your comfort zone,” said Tyrone Williams II, senior in dance, social economics and business management. “The most appreciation I’ve seen students have from other organizations were learning a new perspective they never came across before whether it be socio-economic status, religion or diversity backgrounds.”

Williams has been involved in many different organizations while at K-State. He was

the president of the Theta Beta chapter of Iota Phi Theta, the 2012-13 multicultural affairs director for SGA, an LGBT advisory board member and Diversity Programming Committee allocations chairman. He has also been the special programs director for BSU, a Kauffman Scholars coach, an Upward Bound mentor and a part of the Union Governing Board.

There are many different facets at K-State that are worth getting involved in to potentially enhance one’s college experience.

“If you are afraid of getting involved, you fear who you could become on campus. You could be the catalyst to a multimillion-dollar research project, a great social movement, mass personal growth,” Gerardo said. “Or, you could affect just one person who was going down a destructive path. Getting involved puts you out there to grow. Who are you to stop yourself?”

Flying high: campus events give students chance to try new activities



Evert Nelson | Collegian

Soaring above Anderson Hall lawn, **Trenton Heinen**, sophomore in mechanical engineering, rides down a zipline with **Becca Fusaro**, graduate student in family studies and human services. The zipline was one of the activities offered at last fall’s Union Program Council Expo on Aug. 23, 2012.

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